

SARGODHIAN



Newsletter: May - July, 2016

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SARGODHIANS SCALE HEIGHTS

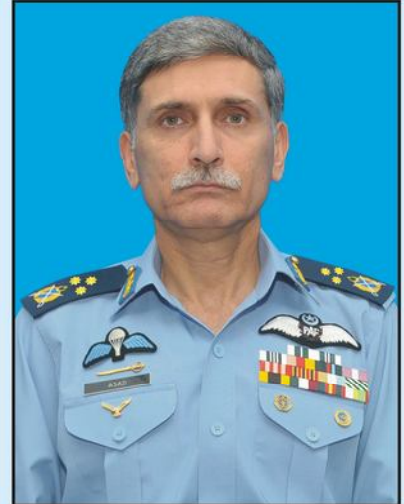
AIR MARSHAL ASAD ABDUR REHMAN KHAN LODHI, HI (M) BECOMES VICE CHIEF OF AIR STAFF

The Alma Mater feels immense pride as yet another illustrious Sargodhian, Air Marshal Asad Abdur Rehman Khan Lodhi, HI (M), assumed charge as Vice Chief of the Air Staff. He joined this College as a Flight Cadet in first year class with 71st GD (P) Course on 15 November, 1975 and graduated on 6 May, 1980. He was allocated Pak No. 757107 and his squadron was Iqbal.

During his stay here, he proved a good calligraphist, excellent basketballer and outstanding athlete. His Officer Incharge Squadron, A Hafeez Qureshi, repeatedly evaluated him as 'reliable, dependable and dutiful' in his End Term Reports. His Principal, Late Abdur Rehman Quraishi, penned down in his Graduation Report, "He is a thorough gentleman.....with high sense of aesthetics.....and could deal with problems with ease and confidence."

He is an accomplished Fighter Pilot with rich experience on most of the fighter aircraft on PAF inventory. He has qualified Flying Instructor Course, Combat Commanders, Senior Command and Staff

and National Defence Courses. He has commanded a Fighter Squadron and Fighter Base. He has also served as Director Strategic Operations, ACAS (OR & D), and DCAS (Support) at Air Headquarters, Islamabad. He has also been Defence Attache to Japan. The successful career of Air Marshal Asad Abdur Rehman Khan Lodhi, Hilal-e-Imtiaz (Military) is living example of a glorious pathway to be followed by the young Sargodhians and a proof of the trust that his mentors rested in him.



HEARTIEST CONGRATS to Air Marshal Mujahid Anwar Khan, HI (M)

The College had a moment of pride to hear the inspiring news of its competent alumnus, Air Marshal Mujahid Anwar Khan, HI (M), being raised to the prestigious rank of Air Marshal. Now he is appointed Deputy Chief of the Air Staff (Support). Air Marshal Mujahid Anwar Khan joined this college as 76th GD (P) Course Flight Cadet with Pak No. 787603- Rafiqui on 22 September, 1978.

He proved his academic potential by remaining among top five students of his Course throughout. He was a very good sports man too and represented his Squadron in Inter Squadron Basketball and Hockey Competitions. He was declared the Best Commander in the Inter Squadron Drill Competition for the year 1982. His Officer Incharge Squadron, Noor Muhammad Khan, highlighted his calibre in his dossier, 'He has a lot of potential and is good officer make.' His enviable achievement shows how accurate his Officer Incharge Squadron's Assessment

1 was. The Alma Mater wishes him all the best for his future endeavours.



HEARTIEST FELICITATIONS to Air Marshal Arshad Mahmood Malik, HI (M)

The Alma Mater extends heartiest felicitations to its brilliant alumnus, Air Marshal Arshad Mahmood Malik, HI (M), Chairman PAC, Kamra on his promotion to the prestigious rank of Air Marshal. He joined this College as a Flight Cadet with Pak No. 787634-Munir with 76th GD (P) Course on 22 September, 1978.

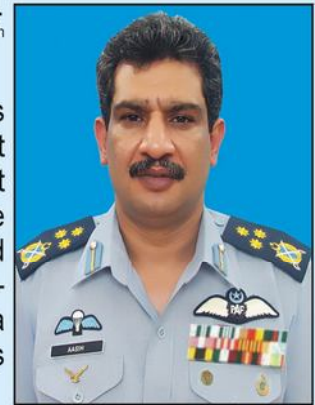
During his cadetship here, he proved his mettle in Urdu oratory and represented his Squadron and College in different Declamation and Debate Competitions. He won first prize in Urdu Debating Competition held at Govt. College, Sargodha. He was also the Hockey Captain of his Squadron. Evaluating his performance as captain in the Inter Squadron Hockey Tournament, his Officer Incharge Squadron, Mehboob A Khan, penned down in his dossier, "Through his spirited leadership, he kept the morale of the team high.....He showed great restraint in the face of provocation and kept the team disciplined". The capable Flight Cadet has proven worth of his Squadron Incharge's words. Young Sargodhians are proud of his excellent achievement and wish him to scale even greater heights.



HEARTIEST CONGRATULATIONS to Air Marshal Aasim Zaheer, SI (M), S Bt

The College felt elated indeed to see one of its brilliant alumni, Air Marshal Aasim Zaheer, SI (M), S Bt, Deputy Chief of Air Staff (Admin), being elevated to the prestigious rank of Air Marshal. He joined this College as a Flight Cadet bearing Pak No. 7978108- Minhas with 78th GD (P) Course on 1 October, 1979.

During his stay here, he proved his potentials in all three domains of training. His Officer Incharge Squadron, KA Qureshi, beautifully summed up his all round excellent performance in his dossier as follows: "F/C Aasim Zaheer has been declared the Best Minhasian of the year 1981. He established himself an all-rounder. He took part in all the Inter squadron Competitions with proficiency. He is an excellent footballer and a good athlete, a very good hockey forward. He displayed stamina and courage in Cross-Country Race. He is above average in academics and discipline. He is a good model of a cadet". Indeed he proved himself 'a good model of a cadet' whose enviable career is worthy of emulation by the young Sargodhians.



TWO SARGODHIANS BECOME AIR VICE MARSHAL

The Principal, Faculty, Staff and Sargodhians heartily congratulate two 82nd GD (P) Course Sargodhians, Air Vice Marshal Amir Masood, TI (M), S Bt (828216-Munir) and Air Vice Marshal Sarfraz Khan, SI (M) (828210-Alam), on their promotion. Three cheers Sargodhians!

44th ENTRY GIVEN FAREWELL

On 12 June, 2016, an Iftar Dinner was arranged in Pre-Cadet Mess Interior Lawns to bid adieu to the outgoing 44th Entry at the culmination of their five year academic career at the College. Air Vice Marshal Amir Masood, TI (M), S Bt, Base Commander, PAF Base Mushaf graced the occasion as the Chief Guest and Group Captain Omer Shah, OC Flying, PAF Base Mushaf was among the other guests of honour. The ceremony started with the outgoing Entry Pre-Cadets being awarded certificates declaring them the Old Sargodhians henceforth. Zeerak Haroon (3202-R), 44th Entry Head Boy, was given replica of Head Boy Cane as souvenir. Then it was turn of the most awaited announcement of the coveted Best Boy Shield. The Best Boy Shield is awarded to an appointment holder who proves himself the best in all three domains of training with desirable leadership qualities. This year, the lucky recipient was Zain ul Abideen (3266), College Prefect Munir House. The Chief Guest congratulated the best boy shield winner, in his address. He also reminded the outgoing Pre-Cadets to prove themselves equal to the high expectations the nation and Pakistan Air Force wish them to meet. He also congratulated them on completing their five years successfully and wished them all the best for their future aims.



Zain ul Abideen with Chief Guest & Principal



Outgoing Head Boy receiving his Certificate from Chief Guest

SARGODHIANS AND TOPIANS PARTICIPATED IN YOUNG RESCUER COMPETITION IN AZERBAIJAN

Four Sargodhians namely Muhammad Ahsan (3302-A), Syed Quaim Abbas (3292- M), Hassan Abdullah (3364-R) and Azhar Jamil (3500-Y), three Topians namely Habib ur Rehman, Ahmed Malik and Muhammad Usman along with Sqn Ldr Arshad Mehmood and Sports Coach Mr Akhtar from PAF College, Lower Topa under the command of Wg Cdr Shamila Syed, HoH PAF College, Sargodha left for Azerbaijan on 25 June, 2016 to participate in the 4th International Children Youth Competition Young Rescuer 26 June-3 July, 2016, Gabala, Azerbaijan.

Six teams from Russia, Georgia, Belarus, Pakistan, Turkey and Azerbaijan were representing their nations at the event. They were to compete in three major events i.e. Fire Fighting Relay, Obstacle Course Competition, and Search and Rescue Operation. Two competitions, Cultural Presentation and Wall Newspaper Competitions, were held and marked but not considered for the overall positions. Though our team was participating in the Competition for the very first time, they secured 2nd Position in the 'Search and Rescue Operation' and third position in the 'Wall Newspaper Competition'.

The Team Pakistan had wonderful time and interaction with their very hospitable hosts and other teams' members. Colonel Mehbooba, Chief Organizer of the Event, repeatedly expressed her appreciation for the way Pakistan Air Force Contingent conducted itself and invited them for the next year competition too. The team flew back home on 5 July, 2016 with interesting stories to narrate and beautiful memories to cherish in the times to come.



Pre Cadets with Azerbaijan Team after March Past



Pakistani Contingent with Cadets at the MES Academy



Pre Cadets participating in Search & Rescue Competition

PROCLAMATION OF APPOINTMENTS: 45TH ENTRY

A ceremony was held in the Pre-Cadet Mess Interior Lawns on 24 May, 2016 to proclaim house and college appointments of 45th Entry. Wg Cdr Abdul Latif Noonari, one of the veteran teachers, graced the occasion as the Chief Guest. After dinner, Abdul Mohamin Ibrahim (3503-A) recited verses from the Holy Quran to begin the ceremony. First, Wg Cdr Dr Pervaiz Akhtar, Vice Principal, announced the College and House Prefects. The names of the new house captains and College Head Boy were declared by Air Vice Marshal (R) Sajid Habib, Principal. Mazahar Ali Yousuf (3286-Alam), Syed Atizaz Haider (3345-Ad), Muhammad Hisham (3309-Iqbal), M Osama Munir (3337-Minhas), Syed Quaim Abbas (3292-Munir), Ali Sohail (3315-Rafiqui), M Tauqeer (3353-Safi) and Shakoore Ahmed (3336-Yunus) are the new house captains whereas, Muhammad Ahsan (3302- A) is the Head Boy. In his address on the occasion, the Principal congratulated the new batch of command and advised them to realize that the role of appointment holders is pivotal in running all house and college matters. They must aim to implement college rules, set healthy grooming environment and be effective role models. The Principal pinned the Head Boy's Badge and the Chief Guest handed over Head Boy Cane to the new Head Boy. The Chief Guest wished all the best to the new batch of command in his address. He also emphasized upon the fair handling of authority, significance of



M Ahsan receiving Head Boy Cane from Chief Guest



New Batch of Command with VP, Principal & Chief Guest

3 reviving good college traditions and curbing the bad ones.

FACULTY DEVELOPMENT PROGRAMME

Faculty Development and Refresher Courses are integral to the College Annual Planner as the College Administration gives prime focus to keep the faculty updated with the latest and current advancements



Principal discussing "Value Based Education"

in the fields of knowledge. This year, the Faculty Development Programme was planned in summer break consisting of two lectures per day from 01 to 13 June, 2016. The programme began with an insightful 'Analysis of Outgoing Entry' by Wg Cdr Dr Pervaiz Akhtar, VP. The other faculty members discussed diverse academic, social and psychological topics which were Effects of Climate on Physical Health, Hazards of Materialism, Be Positive Be Happy, Truth is Fearless, Enhancing Teaching Efficiency, Teaching Study Skills and Leadership, Questioning Technique, Self Nurturing, Motivating Students and Fostering Powerful Work Ethics, Using Multimedia / Internet in Classes, Importance of Setting Healthy Traditions in the College, Conflict Resolution, Geography of the World, Balancing Teaching with Technology and How to Manage Teenage Students. The programme concluded with a lecture on 'Value Based Education' by Air Vice Marshal (R) Sajid Habib, Principal.



Faculty fully attentive & involved in the lectures

IN BRIEF

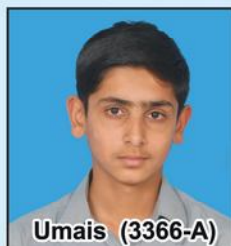
i. It is essential to pace with time and change for better results. Keeping the same in view, the College has decided to install Multimedia in all the classrooms by the end of summer break. It will surely lend new dimensions to teaching and learning at the College.

ii. Flt Lt Amina Ghazanfer joined the College Mathematics Department on 3 March, 2016 after serving at PAF College, Lower Topa for Seven years. Welcome!

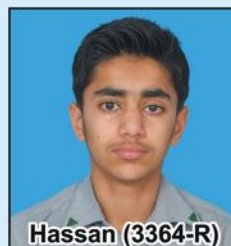
46th ENTRY PRODUCED EXCELLENT RESULT IN SSC

46th Entry performed excellently in SSC (Composite) Board Exam-2016 producing an enviable the best ever overall 93.2 % class percentage. The whole scholarly Entry comprising 74 Pre-cadets secured A + Grade.

Muhammad Umais Shabbir (3366-A) stood first in his Entry with amazing 1070/1100 marks to his credit. Hassan Abdullah (3364-R) achieved the second position securing 1065/1100 marks and Anas Munawar (3429-Mn) got third position with 1061/1100 marks. Well done 46th!



Umais (3366-A)



Hassan (3364-R)



Anas (3429-Mn)

NEW BATCH OF COMMAND TOOK OATH

An Oath Taking Ceremony was held in Room 10 on 26 May, 2016 for the appointment holders of 45th Entry.

AVM (R) Sajid Habib, Principal, administered the oath. The new Head Boy, Muhammad Ahsan (3302-A), and



New Batch of Command took Oath

his team consisting House Captains, College Prefects and House Prefects solemnly pledged in unison to abide by the College rules and manifest them in their performance and conduct. They also promised to uphold College values and traditions with true Sargodhian spirit.



Sqn Ldr Khurram Shahzad	05 May
Flt Lt Furqan Shakil	15 May
Wg Cdr Amjad Ali	21 May
Sqn Ldr M Yasir Latif	31 May
Sqn Ldr Asif Niaz	01 June
Sqn Ldr Abdul Rauf	02 June
Sqn Ldr Tahir Sarfraz	10 June
Sqn Ldr M Iqbal Khan	18 June

۴۹ ویں انٹری کا کرکٹ ٹورنامنٹ



کھیل انسانی صحت کو برقرار رکھنے میں بھرپور کردار ادا کرتے ہیں۔ کھیل کود میں شریک ہو کر انسان جہاں تازہ دم ہو جاتا ہے وہیں اس کے اندر نظم و ضبط، برداشت اور مقابلہ کرنے کا جذبہ بھی پیدا ہوتا ہے۔ کھیلوں کی انہی خصوصیات کے پیش نظر پی اے ایف کالج سرگودھا کا اسپورٹس سیکشن پری کڈٹس کے لیے مختلف کھیلوں کے باہمی مقابلوں کا انعقاد یقینی بناتا ہے۔

۲۸ مئی کو کالج کے اسپورٹس سیکشن کی جانب سے ۴۹ ویں انٹری کے لیے کرکٹ ٹورنامنٹ کا انعقاد کیا گیا۔ شدید گرمی اور جس کے باوجود نئی انٹری کے پری کڈٹس نے بھرپور کھیل کا مظاہرہ کیا اور صفی، عالم، منیر اور اقبال ہاؤس نے سیمی فائنل تک رسائی حاصل کی۔ اقبال اور منیر ہاؤس نے اپنی مد مقابل ٹیموں کو زیر کرتے ہوئے فائنل کی راہ ہموار کی۔ فائنل میچ میں منیر ہاؤس نے بہتر کھیل کا مظاہرہ کرتے ہوئے فائنل میچ اپنے نام کیا اور ٹرافی کے حق دار ٹھہرے۔ بحیثیت مجموعی ۴۹ ویں انٹری کے لیے یہ ایک یادگار ٹورنامنٹ تھا جس سے وہ خوب لطف اندوز ہوئے۔



باسکٹ بال ٹورنامنٹ



۲۸۔ اپریل سے ۲ مئی تک پی اے ایف کالج سرگودھا کے اسپورٹس سیکشن کے زیر اہتمام جو نیر انٹری کے لیے ایک باسکٹ بال ٹورنامنٹ کا انعقاد کیا گیا۔ آٹھ ہاؤسز کی ٹیموں نے ایک دوسرے کو بھرپور مزاحمت دکھائی اور اقبال، علاؤ الدین، یونس اور منیر ہاؤس کی ٹیموں نے سیمی فائنل میں جگہ بنائی۔ فائنل مقابلہ ۲ مئی کو علاؤ الدین ہاؤس اور یونس ہاؤس کی ٹیموں کے مابین کھیلا گیا جس میں علاؤ الدین ہاؤس کی ٹیم فاتح رہی۔

رسہ کشی کا مقابلہ

۶ مئی ۲۰۱۶ء کو انٹر ہاؤس رسہ کشی کا مقابلہ ہوا۔ آٹھ ٹیموں میں سے سیمی فائنل میں پہنچنے والی یونس ہاؤس کی ٹیم نے علاؤ الدین کی ٹیم کو شکست سے دوچار کیا جب کہ منیر ہاؤس کی ٹیم اقبال ہاؤس پر سبقت لے جانے میں کامیاب ٹھہری۔ فائنل مقابلے میں یونس ہاؤس کی ٹیم کا پلڑا بھاری رہا اور انھوں نے اپنی مد مقابل منیر ہاؤس کی ٹیم کو چھڑتے ہوئے ٹرافی اپنے نام کی۔

انٹر ہاؤس فٹ بال ٹورنامنٹ

فٹ بال ایک ایسا کھیل ہے جسے پوری دنیا میں بے پناہ مقبولیت حاصل ہے۔ فٹ بال کے کھلاڑیوں کے لیے ذہنی و جسمانی طور پر مضبوط ہونا از حد ضروری ہوتا ہے۔ اسپورٹس سیکشن پی اے ایف کالج سرگودھا نے پری کڈٹس کے لیے انٹر ہاؤس فٹ بال ٹورنامنٹ منعقد کیا جس کا آغاز ۱۴ مئی سے ہوا۔ سیمی فائنلز میں منیر ہاؤس نے رفیقی ہاؤس کو جب کہ یونس نے اقبال ہاؤس کو مقابلے سے باہر کر کے فائنل کی راہ ہموار کی۔ ۱۶ مئی کو ہونے والے ٹورنامنٹ کے فائنل میچ میں منیر اور یونس ہاؤس کا ٹاکرا ہوا جس میں بازی یونس ہاؤس کے ہاتھ رہی۔

سرگودھین

مئی۔ جولائی ۲۰۱۶ء



فیکلٹی کا پی اے ایف لوئر ٹوپہ اور کالا باغ کا دورہ

عربی مقولہ ہے کہ سفر وسیلہ ظفر ہے اور اگر یہ سفر شدید گرم موسم میں ٹھنڈے علاقوں کی طرف ہو تو کیا ہی بات ہے۔ سالِ گذشتہ کی روایت کو برقرار رکھتے ہوئے امسال بھی کالج انتظامیہ نے تعطیلاتِ گرما کے دوران فیکلٹی کے لیے سیر و سیاحت کا انتظام کیا۔ یہ سیر کسی وسیلہ ظفر کی تلاش کے لیے تو نہ تھی لیکن سرگودھا کی گرمی کے ستائے ہوئے لوگوں کے لیے کسی نعمت سے کم بھی نہ تھی۔ اب کی بار سفر کا رخ لوئر ٹوپہ اور کالا باغ کی طرف تھا۔ فیکلٹی ممبران کو تین گروپس میں تقسیم کیا گیا اور پہلا گروپ جو کہ تین افسران اور ان کی فیملیز پر مشتمل تھا، ۱۹ جون کو پی اے ایف بیس لوئر ٹوپہ کے لیے روانہ ہوا۔ اس کے بعد اگلے گروپ میں پھر تین افسران اپنی فیملیز کے ساتھ ۲۲ جون کو لوئر ٹوپہ کے لیے روانہ ہوئے۔ آخری گروپ جو کہ بارہ افسران اور ان کی فیملیز پر مشتمل تھا، وائس پرنسپل ونگ کمانڈر ڈاکٹر پرویز اختر کی سربراہی میں پی اے ایف بیس کالا باغ کے لیے ۳۰ جون کو روانہ ہوا۔ تینوں گروپس نے مری، ایوبیہ، نھیا گلی، بھور بن اور دیگر قابل دید مقامات کی خوب سیر کی اور موسم کی رنگینیوں سے لطف اندوز ہوئے۔ بچوں کے لیے یہ سیر خاص دلچسپی کی حامل رہی۔

فیکلٹی ممبران، کالج انتظامیہ خاص طور پر پرنسپل اے وائس مارشل (ر) ساجد حبیب کے شکر گزار ہیں کہ جنہوں نے خصوصی دلچسپی لے کر روایت کو برقرار رکھتے ہوئے اس سیر کا بندوبست کیا اور فیکلٹی کو ان سہانے مناظر سے حظ اٹھانے کا موقع فراہم کیا۔



فیکلٹی ممبران اپنی فیملیز کے ساتھ سیر و تفریح سے لطف اندوز ہوتے ہوئے

پش اپ (ڈنڈ پیلنے کی ورزشی مشق) کا مقابلہ

انٹر ہاؤس پش اپس (ڈنڈ پیلنا) کا مقابلہ ۱۳ مئی ۲۰۱۶ء کو منعقد کیا گیا جس کا مقصد پری کیڈٹس کے مابین ورزشی مشقوں کو فروغ دینا تھا۔ مختلف ہاؤسز سے منتخب کردہ پری کیڈٹس نے اپنے اپنے ہاؤسز کی نمائندگی کی۔ چوں کہ یہ مقابلہ پہلی بار منعقد ہو رہا تھا اور طلباء کو اپنے مد مقابل کھلاڑیوں کی صحیح کارکردگی کا اندازہ نہیں تھا اس لیے پری کیڈٹس نے اس مقابلے کے لیے خوب تیاری کر رکھی تھی۔ انتہائی سخت مقابلے کے بعد منیر ہاؤس کی ٹیم نے یہ مقابلہ اپنے نام کیا۔ دوسری پوزیشن یونس ہاؤس کے حصے میں آئی جب کہ علاؤ الدین تیسری پوزیشن حاصل کرنے میں کامیاب رہا۔